

El Segundo Unified School District - September 2008
<http://district.schoolnutritionandfitness.com/elsegundousd>



Senior High School meal prices	
Item	Price
Student Breakfast	\$2.00
Student Lunch	\$3.00
Adult Breakfast (no milk)	\$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Rice - Oriental Vegetables - Kung Pao Chicken -	4 Fresh Fruit - 3/4 Cup Garlic Bread - Lasagna -	5 BBQ Hamburgers in the Eagle Courtyard - Your choice of Hamburgers, Cheeseburgers, Veggie burgers or Hot Dog Fresh Fruit - 3/4 Cup
8 Corn on the Cob - Crispy Chicken Nuggets - Serving is 5 pieces of oven baked chicken nuggets	9 Chicken Quesadilla - Fresh Fruit - 3/4 Cup	10 Pick-Up-Stix - House special chicken Fresh Fruit - 3/4 Cup Oriental Vegetables -	11 Fresh Fruit - 3/4 Cup Garlic Bread - Pasta Primavera -	12 BBQ Pulled Pork Sandwich - Coleslaw -
15 BLT Sandwich - Carrot Sticks - Fresh Fruit - 3/4 Cup	16 Grilled Chicken Tacos - Black Beans - - Spanish Rice -	17 Orange Chicken - Oriental Vegetables - Rice -	18 Spagetti and Meatballs - Green Beans - Garlic Bread -	19 BBQ Hamburgers in the Eagle Courtyard - Your choice of Hamburgers, Cheeseburgers, Veggie burgers or Hot Dog Corn on the Cob - Fresh Fruit - 3/4 Cup
22 Chicken Patty on a Bun - Potato Salad - Carrot Sticks -	23 Giant Burrito - - Fresh Fruit - 3/4 Cup	24 Fresh Fruit - 3/4 Cup Pick-Up-Stix - House special chicken	25 Ravioli - Beef - - Garlic Bread - Applesauce -	26 Fresh Fruit - 3/4 Cup Rib-B-Que Sandwich - Corn on the Cob -
29 Fresh Fruit - 3/4 Cup Potato Salad - Crispy Chicken Nuggets - Serving is 5 pieces of oven baked chicken nuggets	30 Fresh Fruit - 3/4 Cup Tostada Bar - -			

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